



## *Anne Elias*

Anne Elias was diagnosed with Meniere's in 2015. She had no idea what Meniere's disease was, and turned to those who were living with it for help. She then wanted to help others, and started a support group that same year. The [\*Sydney Meniere's Support Group\*](#) has been a wonderful success. Anne is also the instigator of Zoom Webinars for Meniere's disease. For each of the Webinars, she invites professionals from the area of Meniere's disease to give positive sources of information and crucial connections. The Webinars are recorded and can be found on YouTube at Meniere's Support Group - Dizzy Anne <https://www.youtube.com/channel/UCYJWbb1dotY0jAG0xQSVCVQ>

Anne is pleased to be able to provide insights from her lived experience to researchers.

## Meniere's Support Group



[www.sydneymenieresupportgroup.com](http://www.sydneymenieresupportgroup.com)