



## *Gail Hardy*

Gail was officially diagnosed with Meniere's disease when she was 27 (although her first attack was at 19) and has lived with the disease for 26 years now. Her experience with Meniere's has included severe vertigo attacks and drop attacks, with progressive tinnitus and hearing loss. She has undergone a gentamicin injection into the right ear, a grommet in the right ear (and subsequent removal), an endolymphatic sac decompression on the right side and a vestibular nerve resection. Gail's mother also has Meniere's, and both would be considered in the final stage, or burn out.

Gail is happy to provide insights from her lived experience to researchers.